Sport Psychology Certificate

For information, contact:
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The Sport Psychology Graduate Certificate focuses on the study of psychological and social factors that influence sport and physical activity participation. Sport psychology involves the study of human thought, emotion, and behavior in recreational and competitive sport. This includes the study of individual processes such as motivational orientations, self-efficacy, and stress/anxiety, as well as social factors such as group processes, coaching, and leadership effectiveness.

Program Requirements

Code	Title	Credit Hours
Required		
SLM 632	Psychological Foundations of Sport	3
SLM 633	Psychological Interventions in Sport	3
Select two of the following:		6
SLM 553	Seminar in Sport Leadership & Management (can take up to 6 credits of 553 approved by advisor)	
SLM 634	Social Psychology of Sport and Exercise	
SLM 673	Developmental Perspectives on Youth Sport Participation	
SLM 676	Cultural Studies of Sport	

Total Credit Hours

12