

# Art Therapy Minor

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This minor is for students interested in learning more about the field of art therapy; in some cases the minor may prepare students to apply to art therapy graduate programs. Art therapists can work in any setting that employs helping professions, for example: hospitals, schools, correctional facilities, domestic violence shelters, geriatric facilities, psychiatric facilities, residential facilities, day programs for developmental disabilities and chronic mental illness, etc. Art therapy uses the art process and the therapeutic relationship between the client and art therapist to process trauma, enhance self-esteem, improve relational abilities, decrease anxiety/depression, and increase an overall enhanced sense of well-being. Once obtaining a master's degree in art therapy, students will be eligible for mental health licensure in their state, which grants them the ability then to have four broad career opportunities (Art Therapist, Art Educator<sup>1</sup>, Counselor, and Artist).

The art therapy minor builds on the foundation of three lateral human-centered perspectives significant to the field of art therapy: art studio, art education, and psychology. Students will explore connections between art production, methods of facilitating art experiences with people across the lifespan, and an understanding of human behaviors. Introduction to Art Therapy will tie the courses together through presenting exploratory art-making activities, foundational readings, and possible pathways to a career in the profession. The minor encourages breadth of exploration and offers separate tracks for Art majors, Psychology majors, and majors other than Art or Psychology.

<sup>1</sup> Check state licensure requirements for public school contexts.

## Program Requirements

Code	Title	Credit Hours
<b>Required courses</b>		
ART 194	Introduction to Art Therapy	3
ART 195	Introduction to Art Education	3
PSY 111	Introduction to Psychology	3
PSY 112	Foundational Experiences in Psychology <sup>1</sup>	1
Complete minor requirements based on major.		9
<b>ART Majors</b>		<b>9</b>
Psychology		
Required courses:		
PSY 231	Developmental Psychology	
PSY 242	Introduction to Psychopathology	
Select one of the following:		
PSY 210	Psychology Across Cultures	
PSY 221	Social Psychology	
PSY 241	Personality	
PSY 251	Introduction to Biopsychology	
PSY 271	Survey of Perception, Action, and Cognition	

## Psychology Majors 9

Art Studio

Select one of the following:

ART 111 Visual Fundamentals: Design and Composition

ART 121 Observational Drawing

2D Studio (200-level) - select one of the following:

ART 231 Painting I

ART 241 Printmaking I

ART 255 Introduction to Digital Photography

ART 257 Photography

3D Studio (200-level) - select one of the following:

ART 261 Ceramics I

ART 264 Jewelry Design and Metals I

ART 271 Sculpture I

## Majors outside of Art or Psychology 9

Electives

Select one of the following:

PSY 210 Psychology Across Cultures

PSY 221 Social Psychology

PSY 231 Developmental Psychology

PSY 241 Personality

PSY 242 Introduction to Psychopathology

PSY 251 Introduction to Biopsychology

PSY 271 Survey of Perception, Action, and Cognition

Select one of the following:

ART 111 Visual Fundamentals: Design and Composition

ART 121 Observational Drawing

Art Studio

Select one of the following:

ART 231 Painting I

ART 241 Printmaking I

ART 255 Introduction to Digital Photography

ART 257 Photography

ART 261 Ceramics I

ART 264 Jewelry Design and Metals I

ART 271 Sculpture I

**Total Credit Hours 19**

<sup>1</sup> Note: If PSY 111 is taken at Miami University, PSY 112 is a co-requisite. PSY 112 is required for PSY majors.