Public Health- Bachelor of Science in Kinesiology and Health

The Public Health major leads to a Bachelor of Science in Kinesiology and Health. The Public Health program focuses on the science and practice of disease prevention, health promotion, and public health policymaking. Public Health focuses on health, not disease. Public Health encourages individuals and groups of people to improve and/or maintain their health status. The mission of the Public Health program is to inspire future health professionals to serve the whole person and the whole of society by educating them about the socio-cultural, behavioral, psychological and biological factors that contribute to wellness and disease.

Program Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Required for all majors</td>
<td></td>
<td></td>
</tr>
<tr>
<td>IES 441</td>
<td>Environmental Public Health</td>
<td>3</td>
</tr>
<tr>
<td>or KNH 441</td>
<td>Environmental Public Health</td>
<td></td>
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<tr>
<td>KNH 125</td>
<td>Introduction to Public Health</td>
<td>3</td>
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<tr>
<td>or MBI 131</td>
<td>Community Health Perspectives</td>
<td></td>
</tr>
<tr>
<td>KNH 218</td>
<td>Applied Health Behavior Change</td>
<td>3</td>
</tr>
<tr>
<td>KNH 221</td>
<td>Social Marketing in Public Health</td>
<td>3</td>
</tr>
<tr>
<td>KNH 321</td>
<td>National and Global Health Policy</td>
<td>3</td>
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<tr>
<td>or GTY 365</td>
<td>Social Policy and Programs in Gerontology</td>
<td></td>
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<tr>
<td>MBI 361</td>
<td>Epidemiology</td>
<td>3</td>
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<tr>
<td>STA 261</td>
<td>Statistics</td>
<td>3-4</td>
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<tr>
<td>or STA 301</td>
<td>Applied Statistics</td>
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</table>

Exploring KNH Matrix

Select at least nine KNH hours outside of major/ concentration but inside of KNH 1

Tracks (one required): 19-22

PUBLIC HEALTH PROMOTION

Select the following:

- KNH 262 Public Health Education
- KNH 295 Research and Evaluation Methods
- KNH 362 Public Health Communication
- KNH 462 Public Health Planning and Evaluation

Select two of the following:

- GHS 101 Introduction to Global Health
- GTY 456 Aging & Health
- KNH 188 Physical Activity and Health
- KNH 424 Public Health Disparities Past and Current
- KNH 432 Nutrition Across the Life Span

Select one of the following (1-3 hrs):

- KNH 340 Internship
- KNH 377R Independent Studies
- KNH 477R Independent Study - Research

BEHAVIORAL PUBLIC HEALTH

Select the following:

- EDP 101 Psychology Of The Learner
- or PSY 111 Introduction to Psychology
- & PSY 112 and Foundational Experiences in Psychology
- KNH 295 Research and Evaluation Methods
- KNH 329 Psychological Perspectives on Health
- KNH 362 Public Health Communication
- KNH 462 Public Health Planning and Evaluation

Select one of the following:

- EDP 357 Student Mental Health
- FSW 312 Human Behavior in the Social Environment
- KNH 209 Medical Terminology for Health Professionals
- KNH 214 Global Well-Being
- PSY 221 Social Psychology
- PSY 242 Abnormal Psychology
- PSY 410P Cap:Community Psychology

Select one of the following (1-3 hrs):

- KNH 340 Internship
- KNH 377R Independent Studies
- KNH 477R Independent Study - Research

Total Credit Hours 49-53

1 Not all KNH courses qualify for the KNH matrix. See a KNH advisor for details.