

Nutrition Minor

This minor provides an understanding of nutrition and includes specialized courses in child nutrition, nutrition for the aging, and community nutrition. It is open to all students and complements majors in health-related professional and pre-professional programs. A minimum 2.00 GPA is required for all courses in the minor. No courses may be taken credit/no-credit.

Program Requirements

(19-20 semester hours)

Code	Title	Credit Hours
Required courses		
KNH 102	Food, Nutrition & Health	3
KNH 104	Introduction to Food Science	3
KNH 202	Nutrition Across the Life Span	3
Select one of the following:		4-5
CHM 131	Chemistry of Life Processes	
CHM 141 & CHM 144	College Chemistry and College Chemistry Laboratory	
Electives		
Select two of the following:		6
ATH 348	Introduction to Medical Anthropology	
ITL 231	Italian Food Cultures in Context	
KNH 203	Nutrition in Disease Prevention Management	
KNH 302	Global and Community Nutrition	
KNH 405	Advanced Nutrition I: Macronutrient Metabolism	
KNH 406	Advanced Nutrition II: Micronutrient and Phytochemical Metabolism	
KNH 409	Nutrition for Sports and Fitness	
KNH 453H	Nutrition Education	
Total Credit Hours		19-20