

# Sport Psychology Certificate

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For information, contact:

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The Sport Psychology Graduate Certificate focuses on the study of psychological and social factors that influence sport and physical activity participation. Sport psychology involves the study of human thought, emotion, and behavior in recreational and competitive sport. This includes the study of individual processes such as motivational orientations, self-efficacy, and stress/anxiety, as well as social factors such as group processes, coaching, and leadership effectiveness.

## Program Requirements

Code	Title	Credit Hours
Select the following:		
KNH 632	Psychological Foundations of Sport	3
KNH 633	Psychological Interventions in Sport	3
KNH 634	Social Psychology of Sport and Exercise	3
Select one of the following:		3
KNH 654	Physical Activity Motivation	
KNH 673	Developmental Perspectives on Youth Sport Participation	
KNH 676	Cultural Studies of Sport	
Total Credit Hours		12